Volunteer Opportunities
Updated October 2020

ANIMAL & ENVIROMENTAL ADVOCACY ~ ARTS AND CULTURE ~ DISABILITIES ~ EDUCATION AND LITERACY ~ ELDERLY AND AGING ~ HEALTH ISSUES ~ HUNGER AND HOMELESSNESS ~ MILITARY SUPPORT ~ SEXUAL ASSAULT/VIOLENCE & EXPLOITATION ~ YOUNG CHILDREN & TEENS ~ SPECIAL EVENTS (SEASONAL).

List of current Volunteer Opportunities (detailed below) To update or add a listing, please contact:
Kristen Traywick, Civic Engagement Coordinator at ktraywick@capecod.edu or (508) 362-2131 x4418.

ANIMAL & ENVIROMENTAL ADVOCACY

Animal Rescue League of Boston/Cape Cod
- Duties vary
  Deb Vogel, Supervisor/Volunteer Coordinator
dvogel@arlboston.org
Dawn Lee-Laub, Supervisor of Brewster location
Phone: (508) 255-1030
3981 Main Street (Route 6A), East Brewster, MA 02631
Go online to www.arlboston.org to apply for volunteer program

Friends of Falmouth Dogs
- Yard maintenance
- Sorting and organizing supplies
- Caring for the dogs
- Donation drive
Kathy Long, Volunteer Contact Phone: (508) 548-7742
www.friendsoffalmouthdogs.org

- Animal Care Giver
- Education/Outreach
Mary Sarah Baker, Director mbaker@mspca.org
Clare Edmonds, Volunteer Coordinator
cedmonds@mspca.org Phone: (508) 775-0940
www.mspca.org/cape 1577
Falmouth Road, Centerville, MA

National Marine Life Center
rehabilitation and research on marine life; Main Street Buzzards Bay
- In need of marketing Interns
- General office work

Volunteers to help with education program
SLR101 project opportunities
Adele Raphael, Volunteer Coordinator
Phone: (508) 743-9888
araphael@nmlc.org
kzagebski@nmlc.org
Three Bays Preservation, Inc.
- Education and outreach
- Herring Count Project
- Bird sanctuary caretaking
- General office work Judy Heller,
Program Manager jheller@3bays.org
www.3bays.org

The Trustees of Reservations
- Outdoor cleanup on the Islands
Stephen Nicolle, Volunteer Coordinator-Nantucket
Phone: (508) 228-5646; snicolle@ttor.org
Cell: (508) 962-1840
Diane Lang, Superintendent for SE Mass
Phone: (508) 280-2985

Woods Hole Science Aquarium
Usually 3 to 4 hour shift, once a week.
At least one semester commitment
- Animal Care
- Prepare food
- Clean tank
- Special Projects
Kristy Owen (Aquarist), Volunteer Coordinator
Phone: (508) 495-2098; Kristy.owen@noaa.gov
aquarium.nefsc.noaa.gov

ARTS AND CULTURE

Coast Guard Heritage Museum
May-October
Help with tours, gift shop, front desk
Jack McGrath
cgheritage@comcast.net Phone: (508)362-8521 Cell: (508)846-1388

DISABILITIES
The Arc of CC: serving people with developmental disabilities.
  • Sandpipers Club—Social Activities
Jean Gibbons, Program Coordinator Phone: (508) 771-6595 x 105
www.arcofcapecod.org

CapeAbilities: serves individuals with disabilities by educating, counseling, and providing residential, therapeutic, social, and employment supports.
  • Hearts for Art
  • Special Buddies
  • Recreational Program
  • Working on their farm
Connie Blake, Volunteer Coordinator Phone: (508) 778-5040 x858
cblake@capeabilities.org

CCCC Project Forward: vocational training skills program for students with significant learning difficulties.
  • Best Buddies
  • Classroom Assistant ○ Maintenance
    Exploratory, Basic Retail
    Exploratory, Office Technology, Basic Food Prep Exploratory, Mass Communications,
    Retail Info Tech, Basic Food Prep, Animal Care, Child Care Assistant
Heather Bish-Martin, Director Phone: (508) 362-2131 x4763
hbish@capecod.edu

CHAMP House
Provides transitional housing and a safe haven for physically disabled, in recovery from drug or alcohol abuse, mentally ill, and all those in need. Ages 18-65
  • Recycling center
  • Kitchen help
  • General office help
Heidi Shea, Volunteer Coordinator Phone: (508) 771-0885
Hiedi@champhouse.org

Community Connections
261 Whites Path, Unit 1
South Yarmouth, MA 02664
David M. Botting, President and CEO
Phone: (508) 774-1122
dbotting@communityconnectionsinc.org

Palaemon
Disability group home specializing in serving adults with autism spectrum disabilities. Residential program.
  • Coordinating Social Activities
James O’Connell, Director
Phone: (774) 289-1182
jamesroconnell@hotmail.com

Special Olympics
SO4Cs-Student organization
  • Coach
  • Unified Partner
  • Program Management
  • Fundraising
  • Event Planning
Kerri Gilroy, Club Advisor
SO4Cs Phone: (508) 362-2131 x4763 kgilroy@capecod.edu

State Office:
Martha Dove, Volunteer Coordinator
Phone: (508) 485-0986 x219
Martha.Dove@SpecialOlympicsMA.org

Cape Coordinator:
Angela Cenzalli, Events Coordinator
Phone: (508) 771-6322
Angela.cenzalli@specialolympicsma.org
www.specialolympicsMA.org

EDUCATION AND LITERACY
Marstons Mills Public Library
  • Clerical (shelving, sorting)
Renee Voorhees, Director
Phone: (508) 428-5175

Sturgis Library
  • Clerical (shelving, sorting)
  • Running the bookshop
Lucy Loomis, Library Director
Karen Horn, Circulation Services/Volunteer Coordinator
ELDERLY AND AGING

Barnstable Town Senior Center
- Office work
- Special events planning
- Intergenerational programs
- Special projects
- Help with landscaping property
- Potential SLR101 projects

Phone: (508) 862-4761
Donna Burns

185 Falmouth Rd, Hyannis, MA 02601

Elder Services of CC&I

Mornings: A couple of hours per week
- Meals on Wheels-pack coolers in morning, meals delivered by 12:30pm
- Nutrition sites in every town-serving meals, helping prepare and serve meals, greet seniors at the door-Senior Dining 11:30am-12:30pm
- Money Management (2-3 hours training)-budgeting for seniors, pay bills for them
- Ombudsman (3-day training)-being a senior advocate for residents in senior and nursing homes-require an interview Patricia Hart, Director of Community Services

Phone: 508-394-4630 x103
Requires a minimum one year commitment

Swift Activity Center

Partnership between Swift Memorial United Methodist Church and the YMCA Cape Cod. Provides youth, adult, and senior programming to the Sagamore community.

PJ Richardson, Volunteer Contact
pjlyndoncenter@aol.com Phone: (508) 428-9251 x141
82 Old Plymouth Road, Sagamore Beach, MA 02562

EMTU

Cape Cod Community College
Grant funded program – America Reads/America Counts

- Reading and STEM Tutoring in local Elementary Schools
- Free elective - credits (3)

Kristen Traywick
Civic Engagement Coordinator
Phone: 508-362-2131, x4418
Office: North Hall, Room 238

HEALTH ISSUES

AIDS Support Group of Cape Cod
- Lunch delivery Monday-Friday (Provincetown only)
- Lunch delivery 2nd Thursday and Friday of each month (Hyannis)
- Cook for community dinner
- Errands/transportation, answer phones
- Assemble support kits, packets
- Work on special events

Nate Robertson, Volunteer Coordinator - Hyannis
nrobertson@asgcc.org Phone: (508) 778-1954

Barry Cook, Volunteer Coordinator - Provincetown
bcook@asgcc.org Phone: (508) 487-9445
https://www.asgcc.org/get-involved/

American Red Cross
(Cape Cod and Islands Chapter)
- Education & Outreach
- Disaster Preparedness
- General Office Support

Paula Sweetman, Chapter Program Manager
paula.sweetman@redcross.org Phone: (508) 775-1540 x14

Visiting Nurse Association of CC
- Community Health Services
- Hospice
- Friendly Visitor
- Adult Day Health Centers*
- Child Care*
- Clerical Support Services

Kathy Reilly, Volunteer Coordinator
Phone: (508) 957-7709 x7709

HUNGER AND HOMELESSNESS

To find food resources in your community, call the FoodSource Hotline at 1-800-645-8333.

Bourne Friends Food pantry
- Client Escort-Thursdays
- Stock assistant

Karen Ross, Volunteer Administrator
Phone: (508) 759-3351
ffpadm@yahoo.com
Volunteer hours: Thursday 9:00am-12:00pm;
3rd Saturday of the month 9:00am-12:00pm;
4th Thursday of the month 5:00pm-7:00pm
20 Commerce Park, Bourne, MA

Community Action Committee of Cape Cod & Islands, Inc.
Federally designated anti-poverty agency for Cape Cod and the Islands
- Turkey baskets
- Match program (clothing items and special gifts needed)

Caron Anne Procaccini, Director of Client Self Sufficiency
Phone: (508) 771-1727 x236
cap@cacci.cc
115 Enterprise Road, Hyannis MA
www.cacci.cc

Falmouth Service Center
Phone: (508) 548-2794
info@falmouthservicecenter.org
www.falmouthservicecenter.org/
Volunteers must first fill out application then attend training workshop.

Family Pantry
Family Pantry of Cape Cod Community College
On-campus branch of the Family Pantry of Cape Cod
Kristen Traywick, Civic Engagement Coordinator
Phone: (508) 362-2131 x4418
ktraywick@capecod.edu

Family Pantry of Cape Cod
- Duties Vary
Mary Anderson, Volunteer
Contact Phone: (508) 432-6519 x5
manderson@thefamilypantry.com
Fax: (508) 432-7083 133 Queen Anne Road, Harwich
www.thefamilypantry.com Hours:
Tues. 10:00am-3:30pm; Thurs. 10:00am-12:00pm,
1:30pm-3:30pm, 5:00pm-7:00pm and
Sat. 10:00am-12:00pm

Habitat for Humanity
Volunteer opportunities listed on website.

Dawn Walnut, Volunteer Coordinator
Phone: (508) 362-3559 x16 411 Route 6A, Yarmouth Port, MA 02675
www.dawn@habitatcapecod.org
www.Habitatcapecod.org

Hands of Hope Outreach Center
- Dennisport Food pantry - Help is needed during holiday seasons, packaging special bags.
  Catherine Driscoll, Executive Director
Phone: (508) 432-1312

Homeless Not Hopeless
Privately run homeless advocacy group, nongovernmental, operating 4 homes with 50+ residents
- Outreach and Advocacy work
- Strategic fundraising Bill Bishop, Volunteer
  Contact bbishop@homelessnothopeless.org

Horizons for Homeless Children
- Playspace Activities Leader (requires minimum 2 hours/week for months)
- Program Outreach/Marketing (requires semester commitment)
- New volunteer training twice a year
Meghan Schafer, Program Director
Phone: (508) 510-3250 mschafer@horizonschildren.org
www.horizonsforhomelesschildren.org

Housing Assistance Corporation (HAC) HAC offers housing consumer education, training and assistance; emergency and ongoing shelter for individuals and families; homelessness prevention; weatherization and energy rehab; and affordable housing development.
- Event-based (one-day) projects
- Telethon in December
- Regular weekly projects-childcare, general shelter assistance, main office (clerical work)

Mary Everett Patricklin, Volunteer Coordinator
Phone: (508) 771-5400 ext. 279
volunteer@haconcapecod.org
www.haconcapecod.org/

HUNGER AND HOMELESSNESS Cont’d
Lower Cape Outreach Council
Providing emergency assistance of food clothing and financial support.
• Socks For Santa: Sock drive
• Advocates
• Office work
• Food distribution/pantries
• Special events committees
• Hope Chest

Janice Perkins, Human Services Manager  Phone: (508) 255-4581
Gennie Moran, Human Service Manager  Phone: (508) 255-4581
Larry Marsland, Executive Director
Mary Smith, Volunteer Coordinator
Phone: (508) 240-1490  Main
Phone: (508) 240-0694
lcoc@lcoutreach.org
19 Brewster Cross Road, Orleans MA 02653

Project Bread
• Walk for Hunger Volunteers (1st Sunday in May)
• Food Pantries
• Sign painting event
Morgan Bleimeyer, Volunteer Coordinator
Phone: (617) 723-5000  145 Border Street, East Boston, MA 02128
morgan_bleimeyer@projectbread.org
www.projectbread.org/

The Salvation Army Hyannis Corp
• Wrapping Silverware for Miracle Kitchen
• Cleaning large waiting room
• Weeding and Yard work
• Transferring food
Robert Lynch, Volunteer Coordinator
Phone: (508) 775-0364 x14

Shelterbox
Sponsored by the Lower Cape Outreach Council, providing emergency assistance of food clothing and financial support. Worldwide Nonprofit Disaster Relief Program sponsored by The Rotary Club: raise $1,000 to complete a disaster relief Shelterbox
ShelterBox USA 8374 Market Street #203
Lakewood Ranch, FL 34202  Phone: (941) 907-6036  info@shelterboxusa.org
www.shelterboxusa.org/

MILITARY SUPPORT
Cape Cod Supports our Soldiers (CCSOS) sponsors collection drives to send needed care packages to soldiers stationed in Iraq and Afghanistan

Beth Rogers, Program Coordinator
Phone: (774) 313-0222
Mistoverma@aol.com
P.O. Box 116, W. Barnstable, MA 02668

Operation Military Kids
A partnership of army Child and Youth Services, National 4-H Headquarters/USDA and University of Massachusetts Amherst 4-H Youth development.
• Assembling hero packs
• Clerical work
• Ready, Set, Go Deployment training
www.operationmilitarykids.org  Kerry Bickford, Program Coordinator for Cape Cod
Phone: (508) 375-6695
kbickford@capecodextension.org

Cell Phones for Soldiers
Every Cell phone collected is 1 hour of free talk time
www.cellphonesforsoldiers.com/
• Phone collection drive
This is a national organization and students will be responsible for the overall implementation of a phone drive here at the College.

SEXUAL ASSAULT/VIOLENCE & EXPLOITATION
National Domestic Violence Hotline
1-800-799-SAFE (7233)

Independence House: Services for survivors of sexual assault and domestic violence.
NOTE: working with Independence House entails a training process, see their website for details
• Crisis Hotline
• Office Reception
• Support Groups/Counseling
• Childcare During Groups
• Advocacy Education & Outreach
Chris Morin, Volunteer Coordinator Phone: (508) 771-6507  chrism@indhouse.net  24-hour hotline: 800-439-6507  https://independencehouse.org/
Main office: 160 Bassett Lane, Hyannis, MA 02601
Fax: (508) 778-0143
TTY: (508) 771-6782

Independence House Satellite Locations:
222 Main Street, Falmouth, MA 02601
57 Route 6A, Orleans, MA 02653  2 Mayflower Court, Provincetown, MA 02657
A Safe Place, Inc.
Mission is to eliminate domestic violence and sexual assault.
Main office: (508) 288-0561
24-hour hotline: (508) 228-2111 5B Windy Way, Nantucket, MA 02554
www.asafeplacenantucket.org/
Note: There is a required training for most volunteer opportunities at A Safe Place (on Tuesday/Thursday evenings)

**YOUNG CHILDREN & TEENS**

**NOTE:** You may need a CORI/SORI clearance or training for these opportunities

A Baby Center, Hyannis
- Diaper Drive
- Volunteering at the Center
- Awareness Events

Mary Pat Piersons, Director
Phone: (508) 771-8157, Alt Phone: (508) 775-5073
helpingbabies@verizon.net
FAX: (508) 775-5077
https://www.ababycenter.org/
P.O. Box 758, 81 Willow Avenue, Hyannis, MA 02601

Big Brothers Big Sisters of CC&I
Adult-to-child mentoring program
- Mentoring (FULL YEAR COMMITMENT)
- Clothing Drives & Fundraising
- School-based mentoring at Hyannis West Elementary and Mashpee

Mary Pat Piersons, Director
Phone: (508) 771-8157, Alt Phone: (508) 775-5073
helpingbabies@verizon.net
FAX: (508) 775-5077
https://www.ababycenter.org/
P.O. Box 758, 81 Willow Avenue, Hyannis, MA 02601

Mary Pat Piersons, Director
Phone: (508) 771-8157, Alt Phone: (508) 775-5073
helpingbabies@verizon.net
FAX: (508) 775-5077
https://www.ababycenter.org/
P.O. Box 758, 81 Willow Avenue, Hyannis, MA 02601

Kenny Fonts, Unit Director or
Jim Cannon, Academic Programs
Phone: (508) 291-3565 x33

Children’s College @ Cape Cod Community College
Preschool at CCCC
- educational programs

Tonya Sarkinen, Director
Phone: (508) 375-4164
s_tonya@hotmail.com
 childcarecenter@capecod.edu
https://www.thechildrenscollege.info

Justice Resource Institute
An agency dedicated to addressing the most confounding challenges of both the human services and educational systems and the persons and families these systems were created to serve. JRI pursues the social justice inherent in opening doors to opportunity and independence. JRI’s approach is uniformly characterized by compassionate support, innovation, and community leadership. JRI works in partnership with individuals, families, communities and government to address their shared challenges in a comprehensive, coordinated, systematic, and effective manner.

**Programs Under JRI:**

**Total Achievement Program**—program for elementary school children with severe emotional problems.
- afterschool team activities.
Locations in Plymouth and Sandwich
Southeast Alternative Schools - Services middle school and high school students who are mentally stable but challenged by learning and emotional disabilities.

- Mentoring
- Class activities
- Tutoring

Locations in Middleboro and Sandwich

Community Service Agency for the Cape and the Islands - CSA uses wraparound care to put the family at the center of the planning process and build a team around the family’s vision for their child’s future. Intensive Care Coordination and Family support are two of the services that make up wraparound care.

- Office work needed

Location in Hyannis

Marisa Zucarelli, Plymouth
Phone: (508) 747-0402 x118
Long Pond Road, Suite 102, Plymouth, MA 02360

Heather DePalma, Director of Volunteer Services
Phone: (508) 821-7777 x451
hdepalma@jri.org

Southeast Alternative Schools - Sandwich
Phone: (508) 420-6640 117
Stowe Road Sandwich, MA 02563
sas.capecod@jri.org

Southeast Alternative Schools - Middleboro
Phone: (508) 947-0131
49 Plymouth Street Middleboro, MA 02346
sas.middleboro@jri.org
www.communitycareservices.org/

Community Service Agency
64 Perseverance Way, 2nd Floor, Hyannis

Nauset Youth Alliance
Serving Children K-5 (to age 14)
- Homework Help
- Mentoring & Anti-Bullying Program
- Creative Play, Puppets, Theater, Art
- Literacy Projects: Readers
- Fund Raising Activities
- Enrichment and sports programs

Mike Gradone, Executive Director
Nauset Youth Alliance
P. O. Box 541
Brewster, MA 02631 Phone: (508) 896-7900
mgradone@nausetyouthalliance.org

SPECIAL EVENTS (SEASONAL)

Barnstable County Fairgrounds
Seasonal opportunities
- Cleanup & preparations for events

Wendy Brown, General Manager
Phone: (508) 563-3200 x11
wendy@barnstablecountyfair.org

MARCH

Cape Cod Canal Clean-up, (Americorps Cape Cod)
Held on the first weekend after Earth Day, usually a Saturday, 9:00am to 1:00pm. Volunteers can preregister or register the day of the event.
Phone: (508) 375 1040
http://www.canalcleanup.com/

Maker Faire
Cape Cod Community College
- Assist with running the event; provide support services.
- Assist with publicity and promotion of event
Mary Sullivan; msulli01@capecod.edu

Palmer’s Island Cleanup
Many Volunteers are needed to clean up trash and debris from this iconic island
Lynn Coish; coish@savebuzzardsbay.org

Spring Clean Up at Luke’s Love Boundless Playground;
Luke Vincent Powers Foundation
Date: TBD
- Help clean up Luke’s Love for the season
Route 149, Meeting House Way, West Barnstable
(Behind the Community Building)
Suzanne Powers, Co-Founder
Phone: (508) 375-0777; www.lukeslove.org

MAY

Project Bread www.projectbread.org/
- Walk for Hunger
The oldest continual pledge walk in the country, Project Bread provides millions of dollars each year in privately
donated funds to more than 400 emergency food programs in 128 communities statewide

**MAY Cont’d**

**Capeabilities 5K**
Beginning and ending at Hyannis on the Green
- T-Shirt sales
- Help with registration of walkers and runners
- Day of duties

Connie Blake, Volunteer Coordinator
Phone: (508) 778-5040; cblake@capeabilities.org

**Multicultural Festival**
Held the first Saturday in May from 10:00am to 4:00pm. Volunteers needed for setup the day before and the day of the event.

**SUMMER AND ONGOING**

**Woods Hole Discovery Center Educational Docents**
Are you passionate about Buzzards Bay and want to share your knowledge with others? We are looking for enthusiastic, dependable members of the community to be part of our volunteer docent team at our learning centers in New Bedford and Woods Hole. Training and enrichment programs provided.

*2 volunteers needed per day* – Open 7 days per week

**Ongoing Trail Monitoring Stewards**
We are seeking dedicated volunteers who would like to help monitor and steward trails that are open to the public. Responsibilities would entail hiking the trails a few times per month and reporting issues and conditions to Coalition staff. Properties include the Mattapoisett Bogs in Mattapoisett, the LaPalme Farm in Acushnet and the Weweantic River Reserve in Wareham.

For details, contact Ethan Rubenstein
Phone: (508) 999-6363 x217
Rubenstein@savebuzzardsbay.org

For other ideas:
http://www.compact.org/opportunities/volunteer
http://www.pallotticenter.org/ConnectionsDirectory/
ConnectionsOnline

**SEPTEMBER**

**Yarmouth Big Fix**
**Date: TBD**
Assist veterans, seniors and disabled homeowners with clean-up, landscaping and small home repair projects.

Mary Everett Patricklin, Volunteer Coordinator
Phone: (508) 771-5400 x279
volunteer@HAConCapeCod.org
https://haoncapecod.org/events/the-big-fix-a-thon/