

Allied Health

Massage Therapy Certificate

| Course # | Course Title | Credits | Prerequisites | Semester Offered | Semester Taken | Grade Earned |
|---------------------|-------------------------------------------------------------|---------|-------------------------------------------------------------------------|----------------------|----------------|--------------|
| Semester I | | | | | | |
| MTC135 | Intro to Complementary Healing Practices | 3 | None | Fall, Spring | | |
| MTC101 | Massage Therapy I | 4 | Co-requisite: MTC116 & MTC135 | Varies | | |
| MTC116 | Kinesiology for Massage Therapy | 3 | Co-requisite: MTC101 & MTC135 | Varies | | |
| Semester II | | | | | | |
| MTC110 | Pathology for Massage Therapy | 3 | MTC101 & MTC116; Co-requisite: MTC201 & MTC204* | Varies | | |
| MTC201 | Massage Therapy II | 4 | MTC101; Co-requisite: MTC110 | Varies | | |
| MTC204* | Massage Therapy Clinical Practicum I | 1 | MTC101, MTC116; Co-requisite: MTC201 & MTC110 | Varies | | |
| Semester III | | | | | | |
| MTC206 | Massage Therapy Clinical Practicum II | 1 | MTC204*; Co-requisite: MTC210 | Varies | | |
| MTC210 | Massage Therapy III | 4 | MTC201; Co-requisite: BIO105 | Varies | | |
| MTC225 | Massage Therapy Professional Ethics and Practice Management | 2 | MTC101 | Fall, Spring, Summer | | |
| BIO105 | Survey of Human Anatomy and Physiology** | 4 | MAT020, ENL020, & ENL050 or satisfactory basic skills assessment scores | Fall, Spring, Summer | | |
| Total Credits | | 29 | | | | |

Massage Therapy Certificate Admission Requirements

Admission into the Massage Therapy Certificate program requires that the applicant attend an information session. Students must also meet all health requirements (Immunization Requirements), the Massage Therapy Certificate Technical Standards, and pass a Criminal Offender Record Information (CORI) and Sex Offender Record Information (SORI) check. To remain in these programs a student must maintain a 75% average in the required courses, a satisfactory clinical evaluation, and adhere to the attendance policy.

The Immunization Requirements are available at: www.capecod.edu/web/registrar/immunization.

Overview

The Massage Therapy certificate provides 650 hours in the art and science of massage. A focus is the mind-body connection, and how caring, competent touch can promote healing. Students practice their skills in a supervised, clinical setting. Graduates are qualified to take the national certification exam. Acceptance into the certificate is contingent upon an acceptable report from the Criminal Offender Record Information (CORI) and Sex Offender Record Information (SORI).

Career Outlook Statement

This occupational profile is provided by O*NET.
www.onetonline.org/find/quick?s=Massage+Therapy

Program Outcomes

Students completing the Massage Therapy certificate are qualified to apply to the Massachusetts Massage Board for licensure. Upon completion, students are also qualified to take the NCBTMB examination and are able to:

- Plan and organize an effective massage and bodywork session.
- Perform a massage therapy and bodywork session for therapeutic benefit.
- Develop and implement a self-care strategy.
- Develop successful and ethical therapeutic relationships with clients.
- Develop a strategy for a successful practice, business or employment situation.
- Identify strategies to participate in professional activities and pursue professional development.

Refer to the policy statement for the Criminal Offender Record Information (CORI) and Sex Offender Record Information (SORI).

* MTC204 is formerly MTC205

**For students interested in pursuing other health-careers, BIO107 and BIO108 (Human Anatomy and Physiology I & II) are recommended. See your advisor for more information.