

# Alcohol and Substance Abuse Counselor I Certificate

Course #	Course Title	Credits	Prerequisites	Semester Offered	Semester Taken	Grade Earned
PSY101	General Psychology	3	ENL020 & ENL050 or satisfactory basic skills assessment score	Fall, Spring, Summer		
HUS104	Introduction to Alcohol and Substance Abuse	3	ENL020 & ENL050 or satisfactory basic skills assessment score	Fall, Spring		
COM103	Human Communication	3	ENL010 or ESL102 or satisfactory basic skills assessment score	Fall, Spring, Summer		
HUS101	Introduction to Human Services	3	None	Fall, Spring		
HEA120	Stress Management for Optimal Health	3	None	Fall, Spring		
HUS204	Addictions Practicum	3	COM103, PSY101, HUS101, and HUS104; Co-requisite: HEA120	Fall, Spring, Summer		
Total Credits		18				

## Overview

The Alcohol and Substance Abuse Counselor I Certificate is designed to provide students with the skills necessary to counsel clients in the recovery process under clinical and administrative supervision. Topics and skills include assessment, case management, crisis intervention, client education, and community resources. A student who is interested in transferring into a four year undergraduate program in the area of alcohol and substance abuse can complete the certificate through electives in the Associates in Arts Human Services Concentration at Cape Cod Community College.

## Program Outcomes

Upon successful completion of the Alcohol and Substance Abuse Counselor I Certificate, students are able to:

- Recognize a broad range of services that addictions professionals provide.
- Understand a basic connection between social issues such as poverty, mental health, domestic violence, and addiction.
- Practice observation and interpersonal communication techniques.
- Demonstrate ethical practices when working with diverse populations.
- Complete the Massachusetts LADCIII.

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Please refer to the policy statement of Criminal Offender Record Information (CORI) and Sex Offender Registry Information (SORI).