

Opinion

Yoga pants and leggings should not be banned from schools

by Lauren Hayden

First of all, how dare you? Word of Cape Cod Regional Technical High School in Harwich banning leggings and yoga pants has stirred up controversy. According to Tech Principal William Teranova, leggings and yoga pants are “too provocative” and have been added to the banned list of their dress code. For one, this is sexualizing a woman’s body, not to mention underage girls. Saying leggings or yoga pants are “provocative” means they are viewing these girls in a sexual manner, which is wrong on so many levels.

Notice how it only happens to girls. If a boy shows up in a muscle shirt, no one says it is provocative and his parent won’t get called to come pick him up. But if a girl wears leggings, she gets sent home. Essentially, this is saying a boy’s education is more important than a girl’s. Boys never get sent home; therefore they stay in class and learn whereas girls get sent home all the time in high schools all over the United States for being “provocative.” That is so morally wrong and messed up.

In defense of the principal of Tech, he said that it prepares students for the workplace where employees cannot wear leggings.

“People wear leggings because they’re comfortable in them,” said Christina Crosby, a Cape Cod Community College student from Centerville. “For some bigger girls, putting pants on is not that easy. It is much easier and more comfortable to just wear leggings.”

Crosby also said, “if a girl gets sent home for wearing yoga pants, boys should get sent home for not wearing belts. Their pants sag and this is just as provocative.” She uses the word “provocative” in a sarcastic manner, meaning it is not actually provocative and no one should care what girls wear to school. They should just go on with their own lives.

These types of problems rarely, if at all, happen at colleges. I doubt that Cape Cod Community College has ever faced a problem like this. Though CCCC does have a dress code, it is casual. According to Project Forward’s Student Handbook, “Professional, business-like clothing and behavior are expected at all times on campus.” Some classes, however, need a specific uniform. For example, nurses and dentists need to wear scrubs.

College students don’t have these types of problems because they are more ma-



CCCC student Madison Oakley wearing a pair of leggings.

photo by Lauren Hayden

ture and can control where their attention goes. In college, students are there to learn. They pay money to be there and intend on staying in class. They don’t go to judge or even care what other people wear to class. Most are unfazed by girls wearing leggings.

Almost every girl has worn leggings in their life and understands they are actually very comfortable. No wonder girls want to wear them. It makes them more comfortable which could help them focus better in class. Why not let them do that? Why must old grumpy men in charge force a woman to be less comfortable in class because it makes them feel “uncomfortable” and “provoked?” Is there no

common sense in high school, even with the teachers?

No body part is clearly visible in leggings or yoga pants. The only thing visible is the outline, but of what, another piece of clothing? So what? Everyone wears underwear. Why is it bad to see an outline of a woman’s underwear, yet men wear pants down to their knees? Their entire boxers are visible, yet no one says anything to them.

The reason is that women are not seen as equal to men. Women are seen as sexual objects from the day they first start puberty until the day they die. Women should ignore these old men and wear whatever makes them comfortable.

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.....
Contact Information:

Telephone:
508-362-2131 ext. 4323

Fax:
508-375-4118

E-mail:
editor@capecod.edu

Address:
2240 Iyannough Road
West Barnstable, MA 02668

Copy and Ad Deadline:
Tuesday at noon

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