

Prepared by Department of Health Sciences

Date approved by Department: October 27, 2008

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Effective: Fall 2009

1. **Course Number:** CNA128
Course Title: Pediatrics and Parenting
2. **Description:** This course is designed to prepare nursing assistants/home health aides to care for children in community settings. Topics include health promotion, parenting, hospice care, and care of the sick and disabled child and adolescent. A holistic approach to families is used to assist in meeting the physical, psychological, emotional, and spiritual needs of children and their careproviders.
3. **Student Learning Outcomes:**
Upon successful completion of this course, students are able to do the following:
 - Describe the role of the nursing assistant/home health aide in the care of the pediatric patient within the family
 - Identify the needs of the newborn
 - Describe care of the sick child within the context of a variety of selected acute and chronic illnesses
 - Discuss end-of- life care for children and families
4. **Credits:** 3 credits
5. **Satisfies General Education Requirement:** No
6. **Prerequisites:** CNA117 or permission of the instructor.
7. **Semester(s) Offered:** Varies
8. **Suggested General Guidelines for Evaluation:** Evaluation includes written tests, project and skills demonstration.
9. **General Topical Outline (Optional):** Attached

Unit 1	Introduction – Course Overview Strategies and considerations for good judgment Ethical considerations pertinent to care of children within families Justification for home care Role/function of parent/pediatric aide Healthy Children 2000 Goals Literature review
Unit 2	Basic Human Needs Ramey's Model Resources Communication Strategies for home care
Unit 3	Preconception / Prenatal care Environment risk factors Prenatal testing Complications of pregnancy Nutrition/resources Resources/regional and local Labor and delivery Signs and symptoms Changes in childbirth practices Hospital care Role/function of pediatric/parent aide Unlicensed Assistive Personnel (UAP)
Unit 4	Normal newborn Characteristics Psychosocial needs Care of the newborn Feeding Breast-feeding vs. Bottle-feeding
Unit 5	Newborn Developmental characters Neonatal period One to Four months Four to twelve months Safety Neonatal period One to four months Four to twelve months Play and stimulation Neonatal period One to four months Four to twelve months
Unit 6	Newborn (continued) Feeding Nutritional needs Dynamics of mealtime Developmental stages/feeding Sleep Normal patterns Sleep disturbances Interventions Health Promotion Growth / Development Immunizations Screenings

	<p>Assessments</p> <p>Resources</p> <p>Infants / Parents / Family support programs</p>
Unit 7	<p>Acute Illness</p> <p>Childhood diseases</p> <p>Care of the sick infant/child</p> <p>Emergency situations</p> <p>Impact on the child/family/community</p> <p>Chronic Illness</p> <p>Impact on the child/family/community</p> <p>Resources for child/family</p>
Unit 8	<p>Children with special needs</p> <p>Care settings</p> <p>Feeding</p> <p>Safety</p> <p>Transportation</p> <p>Inclusion</p> <p>Resources</p>
Unit 9	<p>Childhood cancers</p> <p>Psychosocial needs</p> <p>Resources</p> <p>Care for the dying child</p> <p>Caretaking issues</p> <p>Boundaries for caretakers</p> <p>Resources</p>
Unit 10	<p>Domestic Violence</p> <p>Substance abuse</p> <p>Resources</p>
Unit 11	<p>Student Presentations</p>
Unit 12	<p>Psychosocial Issues</p> <p>Parenting Issues</p>
Unit 13	<p>Role playing specific situations</p> <p>Follow up on presentation information</p> <p>Speaker from Early Intervention</p>
Unit 14	<p>Final exam review</p>
Unit 15	<p>Final exam / Course evaluation</p>