



A Program to Help You Succeed at Cape Cod Community College

# Coaches & Mentors Newsletter



## SPECIAL RECOGNITION EDITION

**Summer is here!!!** In this edition of our newsletter, we have featured many students who have had success in a number of different ways. These are the ones we know about. I am sure each one of you have success stories. I hope these stories encourage you to celebrate your own success and keep you moving toward your goals. We're here to help you achieve success. You have what it takes.

**Celebrate your strengths and success!!!**

We are recruiting students to be part of Coaches and Mentors. If you know of someone who you think could benefit from our/your program, please have them contact us. Theresa or I would like to talk with them. Use my e-mail or phone. [landre@capecod.edu](mailto:landre@capecod.edu) or 508-362-2131 ext. 4353.

- Lois André, Coaches & Mentors, Director



## ★ WE CELEBRATE THEIR SUCCESS! ★

### Anne DiFrancesco

*"Things happen for a reason and you are not sure where the path will take you."*

Moving. Motion. Mentoring. For a woman who for many years recorded the movements and memorable moments of others, today, Anne is the talent and star of her own show. The stage is Cape Cod Community College.

So, what did Anne do before she became a force to be dealt with here at Cape Cod Community College?

Let's go back to some of the earlier frames of Anne's life. She's a graduate of Duxbury High School. After high school, she waitressed and bartended for nine years and had a blast.

She met her husband Eugene, and they have been married for 25 years. Not only have they been married for 25 years, their video production company, [eugeneworks.com](http://eugeneworks.com) was established over 25 years ago.

Life was moving along pretty well, until 1995, Anne had a stroke that paralyzed her from head to toe. Doctors said she would not walk again. Six months later, she was unable to turn her hand over. After one year, she walked! She went through several years of strenuous rehab to reclaim her body. Eugene and Anne had their first daughter in 1997 and the second in 1999.



Anne is no stranger to community involvement. She co-coordinated "Educate Plymouth," a political campaign which succeeded in approving a yes vote for the \$199 million to renovate/build new schools for both North and South Plymouth High Schools in 2008. She's coordinated fundraisers for Plymouth Animal Shelter with great names of "Project Paws," and "The Purrfect Doggone Bash." For Plymouth, Eugene, Anne and their two daughters, Pia and Ramona created "Clean up the Plymouth Jetty" in 2009. That is just a few of things Anne has done before she came here.

Fast forward to conversation with a friend, "Why don't you go to college? Research a field you are interested in." She will be completing her associates here and then transferring to another institution to study occupational therapy.

While here, Anne is taking advantage of the services available: tutoring center, writing center, science and math labs, and workshops. She appreciates the professors and professionals who go above and beyond.

*"I love it here...I love the energy... I care about what is happening here...I like the subject matter...it is stimulating... the college offers an amazing level of support...I was not left to flounder...students should know what is available and go for it."*

Her community involvement did not stop when she came here. Cape Cod Community College became part of her community service. She is the incoming president of Phi Theta Kappa, has been asked to serve on Dr. Cox's Strategic Planning Committee, and has a 3.91 GPA. Her husband brags about her GPA.

Who knows what the next frame of Anne's life will be. ★



**Mahrya Hart**



One of our highly motivated students, Mahrya was born and spent the first five years of her life on Cape Cod along with her older brother. At age 5, she moved with her mother and attended school in California, but was still able to enjoy summers on the Cape while spending time with her Dad. Currently, Mahrya has a 16 year old son, Steven, and together they enjoy being full-time residents of Cape Cod again.

After attending college in California right after she graduated from high school, Mahrya decided at the time that higher education might not be for her and left after just attending one year. She eventually relocated back to her Cape Cod roots and developed a strong work history in the hospitality field, specifically providing service in the restaurant and catering industry. She also gained five years of valuable experience in a dental office as a Dental Assistant.

After facing and overcoming overwhelming personal challenges and obstacles in her life, Mahrya decided that it was time to return to school and began her course work at CCCC in the fall of 2010. She states that her biggest challenge here at CCCC was simply *"getting past the anxiety to walk through that door and get that application."* Her courage, hard work, persistence, and excellent grades, have all recently paid off as she attained her goal this spring of acceptance into the Dental Hygiene program.

Mahrya kindly mentions, *"the general support and encouragement provided by the Coaches & Mentors Program, along with the tutoring were critical to my success at CCCC."* She is also a dedicated member of the START Club, the Debate Team as well as Phi Theta Kappa.

When she is not in class or working, Mahrya enjoys surfing along with other water sports and loves to travel. She especially enjoys visiting her brother who now resides in beautiful Hawaii.

Mahrya's Philosophy of Life:

*"Stop wanting and start doing."*

Comments from Career Counselor, Theresa Bowse:

*"Mahrya is amazingly focused on her coursework. She always meets or exceeds the high expectations that she sets for herself despite the many obstacles and personal challenges that she has faced in her life. It was truly my pleasure to support Mahrya as she developed the confidence she needed to succeed in the classroom and we are proud to have her as a student in the Coaches & Mentors Program. Congratulations Mahrya on your acceptance into the Dental Hygiene Program...you earned it!"*



**Sheryl Eddy**



Sheryl is one of Cape Cod Community College's top notch students. She was born in Fall River, MA and remained there until her she turned 18 years old. She is the 'baby' of seven children consisting of four sisters and two brothers. While she attended BMC Durfee High School, she is actually a graduate of CCCC's GED program through the Hyannis Center.

Sheryl is currently working hard towards her Associate in Science degree in the Criminal Justice Program with an anticipated graduation of May, 2014 and the ultimate career goal of becoming a Probation Officer. When Sheryl does graduate from CCCC, she will be the first in her entire family to earn a college degree, so she will have many reasons to celebrate her success!

As a successful student, Sheryl realizes the importance of reaching out and utilizing the many resources that are available here on campus. So, in addition to actively participating in the Coaches & Mentors Support Program, she has also worked extensively with a tutor for her Criminal Justice classes. She would like to extend her personal thanks to Professional Criminal Justice Tutor, Deb Lochiatto for all of her assistance throughout the semesters.

When Sheryl has a break from her classes and has a chance to relax, she enjoys spending time at the beach, creative crafts, online games, and cooking. Although she is currently recovering from an injury and has limited mobility, she also typically enjoys walking, gardening as well as shopping.

Sheryl's philosophy of life:

*"When one door closes, another one opens."*

*"Live, Love, Laugh."*

Her Advisor/Career Counselor Theresa Bowse comments:

*"I am so impressed with Sheryl's work ethic and determination. I have no doubt that she will reach and surpass all of her academic and career goals. She is a hard-working, conscientious person with a calm inner strength and a gentle spirit who turned an unfortunate accident into an opportunity for growth. I look forward to her graduation as she will be the first in her extended family to earn a college degree. Way to go Sheryl!"*





★ **Sean Dzenawagis** ★

Sean of Marstons Mills is completing his second semester here studying Information Technology. Sean is a native Cape Codder, not a washashore. He attended Barnstable schools and completed his high school work at Cape Cod Technical High School in Harwich. While at Tech, he studied Graphic Design, winning three Boston Globe Scholastic Awards in Illustration, Design and Comic Art. He works 30 hours per week on the Geek Squad at BestBuy while taking a full academic load.

Plus, he is taking some classes this summer so he will graduate in May of 2014. His classes compliment the hard work he does for BestBuy. Originally, Sean was working for BestBuy and applied for a job in customer service, and they asked him to work in the Geek Squad, although he had not applied for the position.

His plan is to do what it takes to successfully complete courses here, graduate with an Associate in Science degree in Information Technology and move to Pennsylvania. When asked about what would be the perfect day, Sean's reply was, *"No work, no school, reading comics, playing video games, eating and chilling with my girlfriend."* His philosophy is:

*"Be Happy"* and he likes the advice his dad gave him when he had dropped him off at school, *"Make it a good day."* ★

## Scholarships awarded to our Coaches & Mentors members

*Marion Jordan Scholarship*

**Mahrya Hart**

*Natalie S. Gardner & Friends of Eastham Council on Aging*

**Lori Frost**

*Weezie Foundation*

**Kelly McCarron**

★  
*Elena Marie Rice Scholarship*

**Terri Lewis**

★  
*Wilkens Family Trust Scholarship*

**Nadine Kutch**



## Congratulations to our Coaches & Mentors Graduates of 2013

<b>Ivan Aguirre</b>	Cert., Customer Service	<b>Oana Lundborn</b>	A.S., Hospitality Management
<b>Katherine Ayala</b>	Cert., Human Services	<b>Kevin Malone</b>	A.S., Criminal Justice
<b>Emily Avellar</b>	A.S., Criminal Justice	<b>Paul McCormick</b>	A.S., Criminal Justice
<b>David Bowlin</b>	A.S., Gen. Office Administration, P*	<b>Stephanie Melanson</b>	Cert., Fire Officer Development
<b>Cynthia Campbell</b>	A.A., L.A., Human Services	<b>Bignia Pierre</b>	Cert., Massage Therapy
<b>Bianca DeGrandis</b>	A.A., L.A.	<b>William Read</b>	A.A., L.A., Communications
<b>Tyler Desmond</b>	A.S., Criminal Justice	<b>Roxana Rosas</b>	Cert., Medical Coding & Billing
<b>Mark Detlefsen</b>	A.S., IT Admin. Assist., Medical Cert., Medical Coding & Billing Cert., Medical Receptionist- HH**	<b>Jonathan Rouillard</b>	A.S., Marketing
<b>Aaron Fitzpatrick</b>	A.S., Criminal Justice	<b>Randy Saulnier-Fortin</b>	A.A., L.A.
<b>Kyle Henderson</b>	A.A., L.A., Business Transfer	<b>Corinne Shea</b>	A.A., L.A., Health Science
<b>Ellen Hynes</b>	A.S., Early Childhood Education	<b>Maryeileen Sinatra</b>	Cert., Medical Assisting
<b>Amy Jalbert</b>	A.S., Business Admin., Accounting	<b>Amanda Townson</b>	A.A., L.A.
<b>Georgia Johnson</b>	A.A., L.A., Business Transfer	<b>Celeste Trepanier</b>	Cert., Diagnostic Technician
<b>Andrea Lammers</b>	A.S., Criminal Justice	<b>Terri VanEckhout</b>	Cert., Diagnostic Technician
<b>Terri Lewis</b>	A.A., L.A., Health Science P* HH**	<b>Latoya Walker</b>	A.S., Criminal Justice
		<b>Mark Wright</b>	A.S., Information Technology

*\*Phi Theta Kappa member, \*\*High Honors.....*

*"Find a way to say yes to things. Say yes to invitations to a new country, say yes to meet new friends, say yes to learn something new. Yes is how you get your first job, and your next job, and your spouse, and even your kids. Even if it's a bit edgy, a bit out of your comfort zone, saying yes means that you will do something new, meet someone new, and make a difference. Yes lets you stand out in a crowd, be the optimist, see the glass full, be the one everyone comes to. Yes is what keeps us all young."*

*Eric Schmidt, Executive Chairman of Google*



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**Fall Classes Begin September 3rd**

August 1, Registered students' Tuition and Fees are due  
26, Final cancellation of low enrolled classes

*Math & English Refresher Workshops are in session. or go to:*  
<http://www.capecod.edu/web/advising/workshops> QUESTIONS? Call 508-362-2131, x4318

**The Tutoring Center**

now located in

M.M. Wilkens Building  
(formerly South) Room 111

*It's open all summer!*

(508) 362-2131 x4352



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