Learning with Lunch Workshop FACILITATORS

Patricia Allen

Associate Professor Language and Literature

Judy Andersen

Math Tutor Coaches & Mentors Program

Theresa Bowse

Career Specialist Coaches & Mentors Program

Candy Center

Dean - Academic and Student Affairs Science, Technology, Math & Business

Mary Jenkins

Associate Director Financial Aid

Diane Nash

Counselor ADVANTAGE Program

Mary Olenick

Transfer Counselor Advising Center

Ammad Sheikh

Life Skills & Transfer Counselor ADVANTAGE Program

Dr. Richard Sommers

Learning Disabilities Specialist O'Neill Center

Doug Terry

Director

ADVANTAGE Program

Individuals requiring auxiliary aids or services to access any of these events may contact the O'Neill Center for Disability Services, 1-508-362-2131 ext. 4337

Workshop series are co-sponsored by the Coaches & Mentors and ADVANTAGE Programs

For more information on any of these workshops or suggestions for future workshops, please contact:

Theresa Bowse

Coaches & Mentors Program South Building, Room 233 1-508-362-2131 ext. 4374 tbowse@capecod.edu

or

Ammad Sheikh

ADVANTAGE Program South Building, Room 220 1-508-362-2131 ext. 4511 asheikh@capecod.edu

Cape Cod Community College

2240 Iyannough Road West Barnstable, MA 02668-1599

Toll-free: 1-877-846-3672





"Learning with Lunch"

Now with Dinner!



Whether you are a new student or a returning student, invest in yourself with the treat of "free" knowledge.

"Learning with Lunch" Spring 2010 Workshops

Listed are the workshops we will be offering during the student activity hour beginning **Wednesday, February 3, 2010.** Locations and dates noted below.

Don't miss our "Learning in the Evening" workshops! Perfect for students who can't attend the daytime meetings!

No need to pre-register, bring your lunch or dinner and we'll supply the snacks.

All workshops are provided **free** of charge!



1. Blackboard

Learn how to navigate Blackboard.

Wednesday, February 3rd
1:00-2:00 pm & 5:15-6:15 pm
Tech Building, Room 102
Facilitated by Dean Candy Center

2. One Family Scholarship Day

Learn how the One Family Scholarship is changing the lives of students balancing family and education, and start filling out the application, if you qualify.

Wednesday, February 10th 1:00-2:00 pm, South Bldg, Room 105 Facilitated by OFS Staff, Diane Nash and Doug Terry

3. Note-Taking

Learn strategies for studying smarter!

Wednesday, February 17th
1:00-2:00 pm, South Bldg, Room 105
Facilitated by Doug Terry

4. How to Write a Research Paper

How do I organize my thoughts and document my research?
MLA, APA-What's that?
Wednesday, February 24th

1:00-2:00 pm, South Bldg, Room 105 5:15-6:15 pm, South Bldg, Room 111 Facilitated by Professor Patricia Allen

5. Transferring

Learn about transfer possibilities and tips on how best to make transfer choices.

Wednesday, March 3rd 1:00-2:00 pm, South Bldg, Room 105 Facilitated by: Mary Olenick

6. How to be Successful in Math

Learn ways to reduce anxiety and succeed in math.

Wednesday, March 10th 1:00-2:00 pm, South Bldg, Room 105 Facilitated by Judy Andersen

7. Financial Aid

Get all the answers to your financial aid Questions and concerns and get started Filling out your FASFA.

Wednesday, March 24th 1:00-2:00 pm, South Bldg, Room 105 Facilitated by Mary Jenkins

8. Memory

Forgetting important facts?
Learn strategies for memorizing important course material.

Wednesday, March 31st 1:00-2:00 pm, South Bldg, Room 105 Facilitated by Dr. Richard Sommers

9. Resume Writing

Need help writing a resume for a job opportunity or a class assignment?

Learn how to write a quality resume that will get results.

Wednesday, April 7th 1:00-2:00 pm, South Bldg, Room 105 Facilitated by Theresa Bowse

10. Interviewing Strategies

With summer approaching, get some helpful hints on interviewing.

Wednesday, April 14th
1:00-2:00 pm, South Bldg, Room 105
5:15-6:15 pm, South Bldg, Room 111
Facilitated by Theresa Bowse (day) &
Ammad Sheikh (evening)

11. Creating a Personal Website

Learn how to create a customized personal website.

Wednesday, April 21st 1:00-2:00 pm, South Bldg, Room 105 Facilitated by Professor Nancy Wiley

